



Day of Surgery Checklist

Please follow these guidelines for the day of your surgery:

- Please bring your insurance card(s) and picture identification.
- Be sure to have an adult present to drive you home when your surgery is completed. You will NOT be permitted to drive yourself.
- Please leave your valuables, including jewelry and watches, at home.
- Wear comfortable loose fitting clothes. Preferably a shirt or blouse that buttons, snaps, or zips down the front. You will not be required to undress; only your top for heart monitor access.
- Please **DO NOT** wear makeup or perfumes.
- Please bring a written or typed list of medications you are taking, along with dosages.
- Do **NOT** eat or drink **ANYTHING** after midnight the day before your surgery.
- You may take any oral medications which are essential, unless you've been instructed not to take them. Take your medication with just enough water to get your pills down, but not an 8oz glass.
- You may brush your teeth and swish your mouth out with mouthwash or water.
- Wash your face with an anti-bacterial soap (**Dial/ Safeguard**) the morning of your surgery.
- Gentlemen may shave the day of your surgery, then wash your face.
- Please have the prescription for surgical eye drops filled by a pharmacy of your choice.